

[0026] Phase six involves the use of an anti-aging treatment cream to increase moisture retention, reduce redness and diminish fine lines. A small amount should be applied to the face at night in a circular motion.

[0027] Thus, novel compositions and methods have been described. Various changes 5 may of course be made, without departing from the spirit and scope of the invention.

EXAMPLE 1 - Preparation of the Crystalline Emulsion

[0028] Magnesium oxide crystals between 600 – 800 microns in size were combined with methicone, where the methicone to crystal weight/weight percentage was 1 – 2%. 10 Ammonia was added to the mixture as a catalyst, where the ammonia to crystal-methicone mixture weight/weight percentage was 1 – 2%.

[0029] These three components were rapidly mixed in a hammermill with a large  $\frac{1}{4}$ " screen until a slurry was formed and the crystals were uniformly coated with the methicone and catalyst.

15 [0030] The slurry was baked at 300°F for one hour. After baking, the dried mixture of coated crystals had a water content less than 0.1%.

[0031] The coated crystals were tested to determine whether true covalent bonds formed between the methicone and crystals by placing the crystals in a standardized aqueous lotion and allowing the lotion to sit for 18 hours. Bubbles did not appear in the lotion.

[0032] The coated crystals were mixed with a gel, where the coated crystals to gel ratio was approximately 1:2, to create the crystalline emulsion.

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